**Middle Years – Peer Support**

Throughout Term 1, 30 Year 11 students have been working with all Year 7 and 8 students’ participating in the Peer Support Program. The aims of the program are to empower young people to support each other and contribute positively to society and develop skills in resilience, assertiveness, decision making, problem solving and leadership. Year 11 students plan, organise and deliver a 1 hour weekly lesson.

Over the past term, students have been very engaged and many positive experiences have taken place.

*It’s been good for the older students to connect with the younger students so they feel more comfortable around us. Especially we have noticed they come and speak to us outside of Peer Support time.* - Gabby, Abbey, Zac, Liam

*We play lots of games and they bring lollies. We learn about respect and they make it fun.* - Dusty

*It has been great to be able to help younger students make that transition into secondary school. In this role we have had to work on our ability to help students move outside their comfort zones which helps us build our personal skills. Effective planning has led to good outcomes which has allowed the development of stronger relationships to grow between the younger and older students.*

Alecia

Would you like to know more about the Peer Support Program? Please email Kate Carroll any feedback [Kate.Carroll@twb.catholic.edu.au](mailto:Kate.Carroll@twb.catholic.edu.au)